

2025 Modified Wizards' Relay Carnival



Date: Monday- April 28, 2024
Time: Field events can start upon team arrivals: ~3:45 Running Events
Place: Washingtonville High School (buses park in the upper lot)
Fee: \$135.00 - Check payable to: WHS Attn: Track & Field
Awards: Ribbons to top 6 in each event

Order of Running Events			
600m modified Steeplechase	individual	5 entries	Anchor wears index card: - school - athletes - event
55 Shuttle Hurdle Relay	3 athletes per team	Unlimited teams	
Distance Medley Relay	1200 - 400 - 800 - 1600	2 teams	
4 x 100	relay	2 teams	
4 x 400	relay	2 teams	
Super Sprint Medley	400 - 200 - 100 - 100	1 team	
4 x 200	relay	1 team	
4 x 800	relay	1 team	
Field Events - 2 jumps / 2 throws each			
Triple Jump Only	individual - boys/girls combined	3 entries each	No cards needed Sign up form to be shared
Shot Put (boys & girls)	individual - boys first	3 entries each	
Discus (boys & girls)	individual - girls first	3 entries each	

RSVP by email to Greg Nacerino to receive meet updates– gnacerino@wcsdk12.org

return payment to:

Michael J. White
 Washingtonville High School
 54 West Main Street
 Washingtonville, N.Y. 10992

School Name: _____
 Coach's Name: _____
 Coach's Email: _____