



## 2025 Tri-Valley Invitational

Your team is invited to the 30<sup>th</sup> Annual Tri-Valley Track and Field Invitational at Tri-Valley's Iatauro Sports Complex, on **Saturday, May 3, 2025, beginning at 10:00am**. The track will be open for warm-ups at 9am and there will be a 9:45am coaches meeting. **We are excited for the following updates in 2025:**

- **Debut of our brand new hammer pit**
- **Elite, invite-only 1-mile**

This is a great meet to get marks for upcoming championships. There will be t-shirts and concessions for sale, and a live DJ throughout the meet. This meet will also feature the use of **Fully Automatic Timing** and results provided by Fulton Accurate Timing and online registration using MileSplit-NY. **Registration through MileSplit** will open on December 20, 2024 and close on Friday, May 2, 2025 at 11:00pm.

The meet will offer individual events at the Varsity level. All events will count toward your overall Team Score.

Entry Fee: \$400.00 Blanket Entry Fee or \$10.00 individual per event or \$30.00 per relay team.

Make payment and mail payment to:

**Neversink Track Club, Inc.**

**PO Box 471**

**Grahamsville, NY 12740**

**\*\*this is an entry fee, not a participation fee. If the meet is held all are expected to pay\*\***

W9 Form:  Neversink Track Club, Inc - Signed W9

This meet is sanctioned for the following states: New York, New Jersey, Pennsylvania, Connecticut, Rhode Island, Massachusetts, New Hampshire, Vermont, Maine, Delaware, Maryland, and Virginia.

Scoring: 10-8-6-4-2-1 in all events; although there are unlimited entries, Only 1 relay team per school will score. There will be one division for all schools regardless of school size.

Awards: Top three in all individual events and top three relays receive awards. Winners of events will receive t-shirts. Winning teams (Male/Female), an "Outstanding Track Athlete of the Meet" (Male/Female), and an "Outstanding Field Athlete of the Meet" (Male/Female) will receive meet plaques.



## Tri Valley Invitational Order of Events

\*All times are approximate and subject to change, if so you will be notified ASAP.

TRACK EVENTS (ENTRY LIMITS PER TEAM)	FIELD EVENTS (ENTRY LIMITS PER TEAM)
<p><u>10am: Rolling Schedule</u>            3000m SC/2000m SC (6)                100m (10)            110m/100m Hurdles (10)                200m (10)            1600m/1500m (8)            Elite 1-Mile (Invite Only)  <b>TV Senior Recognition /            Coaches Relay 4X100m (Unlimited)</b>                400m (10)                800m (8)            400m Hurdles (8)            4x100m Relay (2)            4x400m Relay (2)            4x800m Relay (2)</p> <p>*All track events will run Boys then Girls.</p>	<p><u>10am Start</u>            Discus (8), Boys then Girls            Shot Put (8), Girls then Boys            Long Jump (8), Boys then Girls            Triple Jump (8), Girls then Boys            High Jump (3), Boys then Girls            Pole Vault (3), Girls then Boys            Hammer (6), Open Pit until 12:30</p> <p><u>Open Pit after the conclusion of Hammer</u>  <u>Throw (1:30pm)</u>            Javelin (6), off Grass</p> <p>*HJ and PV will be limited to 3 entries per school.            **In Discus and Shot Put the best will throw first (no finals).            **Javelin will be weather permitting (off Grass).</p>

**Elite 1-Mile:** The Elite 1-Mile is an invite only event where all invited runners will not be charged entry and will receive a swag bag. Invites have been extended to all runners in the 1600m/1500m at the Indoor State Championships from NY and bordering states. In addition, invites have been extended to all athletes in NY who have run under 4:28 in the 1600m and under 4:50 in the 1500m by 4/15/2025. The field will max out at 16 runners and an event entry sheet will be released on Tuesday, 4/29/25. Please note runners who do not meet the requirements of the Elite 1-Mile will be removed from the event and it is the coach's responsibility to enter them into the open 1500m/1600m.



## 2025 Tri-Valley Invitational

If Interested, register on MileSplit-NY, and make payment to:

**Neversink Track Club, Inc.**  
**P.O. Box 471**  
**Grahamsville, New York 12740**  
**516-658-3073**

Any questions about the meet, please contact:

[Skylarmusa@trivalleycsd.org](mailto:Skylarmusa@trivalleycsd.org) (Girls Coach) OR [Tylereckhoff@trivalleycsd.org](mailto:Tylereckhoff@trivalleycsd.org) (Boys Coach)

Name of School: \_\_\_\_\_

Girls Coach: \_\_\_\_\_

Cell Phone# \_\_\_\_\_

Boys Coach: \_\_\_\_\_

Cell Phone# \_\_\_\_\_

Blanket Entry: Yes or No

# of Individuals \_\_\_\_\_

# of Relays \_\_\_\_\_

Total Payment: \_\_\_\_\_