

# 2025 MIDDLETOWN INVITATIONAL

SATURDAY MAY 10, 2025

START TIME 9:00AM



LOCATION: MIDDLETOWN HIGH SCHOOL, FALLER FIELD

**SITE OF THE 2013, 2018, 2023, 2025 NYS TRACK & FIELD CHAMPIONSHIPS**

**TEAM ENTRIES WILL BE CUT OFF AT THE 1<sup>st</sup> 35 TEAMS**

**FACILITY:** STATE OF THE ART FALLER FIELD

400M ABSS 1000 DUAL DUROMETER FULL-POUR POLYURETHANE SURFACE  
10 LANE STRAIGHT AWAY, 8 LANES ALL THE WAY AROUND, 48" LANES  
IAAF CERTIFIED (ONE OF THE ONLY SCHOOLS IN THE NATION)  
FULLY AUTOMATED TIMING BY FINISH LYNX AND AMB CHIP TECHNOLOGY  
4 POLE VAULT RUNWAYS  
2 LONG JUMP RUNWAYS, 2 TRIPLE JUMP RUNWAYS, 2 SHOT PUT CIRCLES  
1 DISCUS CIRCLE, 1 HIGH JUMP AREA, JAVELIN RUNWAY.

**DIRECTIONS:** IF DIRECTIONS ARE NEEDED PLEASE EMAIL EHIPP2215@YAHOO.COM.

**COST:** \$450 per school (Boys & Girls)  
\$250 Per Team  
\$10 PER INDIVIDUAL/ \$20 PER RELAY

**MAKE CHECKS PAYABLE TO** MIDDLETOWN TRACK CLUB

**SEND CHECKS TO:** Eric Hipsman  
557 EAST PEENPACK  
SPARROWBUSH NY 12780

**DEADLINE:** ENTRIES MUST BE POSTED ONLINE BY MAY 8th, 2025  
**EVENT ENTRIES NEED TO BE DONE BY May 8th, 2025**

**AWARDS:** MEDALS FOR PLACES 1<sup>ST</sup>-6<sup>TH</sup> IN ALL EVENTS

## **RULES FOR THE MEET**

1. Field Events get 4 throws/jumps NO FINALS
2. Scoring will be done 10-8-6-4-2-1
3. Teams must provide own batons
4. ¼" spikes are permitted
5. Bring your own starting blocks.
6. 4 events per athlete
7. All entries will be done on-line, any scratches can be emailed up until May 9<sup>th</sup>. **No changes on the day of meet..**
8. All events are scored
9. No athletes are allowed on the infield if they are not competing.
10. An athlete **may** compete in both Frosh/Soph and varsity track events but **may not** compete in both for field events.
11. Any questions feel free to call Eric Hipsman (845)820-9414 or Lindsay Hammer (845)591-0999
12. Any questions about payment call Eric Hipsman (845)820-9414

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*REFRESHMENTS WILL BE AVAILABLE ALL DAY LONG*

**ORDER OF EVENTS**

**9:00 AM**      4x1600M Relay  
 800M SMR            (100-100-200-400) (Final on Time)  
     100M Boys            Finals (Final on time)  
 100M Girls            Finals (Final on time)  
 110HH Boys            Finals (Final on time)  
 100H Girls            Finals (Final on time)  
 800M Boys            Final on Time (fastest to slowest heats)  
 800M Girls            Final on Time (fastest to slowest heats)  
     3000M Steeple Boys    Final on Time  
 2000M Steeple Girls    Final on Time  
 400M Boys F/S            Final on Time  
 400M Girls F/S            Final on Time  
 400M Boys Var.            Final on Time  
     400M Girls Var.            Final on Time  
 4x100M Boys F/S            Final on Time  
 4x100M Girls F/S            Final on Time  
     4x100M Boys Var.            Final on Time  
 4x100M Girls Var.            Final on Time  
 400IH Boys            Final on Time  
 400IH Girls            Final on Time  
 1600M Boys            Final on Time  
 1500M Girls            Final on Time  
     200M Boys            Final on Time  
     200M Girls            Final on Time  
     4x800M Boys            Final on Time  
 4x800M Girls            Final on Time  
 4x400M Boys            Final on Time  
 4x400M Girls            Final on Time  
 1000M SMR            (100,200,300,400) (Final on Time)

**100M**- Final on Time  
**200M**- Final on Time  
**110/100H** - Final on Time

**Event Number of Entries:**

100M & 110/100H -	(6)
200M, F/S & Var. 400M, 400H, 800M, 3000/2000 Steeple -	(3)
4x1600 -	(1)
All other Relays -	(2)
Long Jump & Shot Put -	(3)
All other Field events -	(4)

### **FIELD EVENTS**

Long Jump (2 runways)	F/S Boys followed by F/S Girls
Long Jump (2 runways)	Var. Boys followed by Var. Girls
Triple Jump( 2 runways)	Var. Girls followed by Var. Boys
High Jump	Var. Girls followed by Var. Boys
Pole Vault	Var. Girls followed by Var. Boys
Shot Put (2 circles)	F/S Boys followed by F/S Girls
Var. Girls followed by Var. Boys	
Discus	Var. Boys followed by Var. Girls
Javelin	Open Pit 9am-11am (Depending on availability)
Hammer	Open Pit 12pm - 2pm



## 2025 MIDDLETOWN INVITATIONAL ENTRY FORM

COST: \$450 BOTH TEAMS  
\$250 EACH TEAM  
\$10 PER INDIVIDUAL/ \$20 PER RELAY TEAM

ENTRY SHEET: SCHOOL \_\_\_\_\_

CHECK ONE: BOYS \_\_\_\_\_ GIRLS \_\_\_\_\_

### COACHES CONTACT INFORMATION

NAME \_\_\_\_\_

PHONE # TO BEST REACH YOU \_\_\_\_\_

FAX # \_\_\_\_\_

EMAIL \_\_\_\_\_

**MAIL ENTRY AND CHECK/VOUCHER BY MAY 9<sup>TH</sup> 2024**

**TO : ERIC HIPSMAN  
557 EAST PEENPACK  
SPARROWBUSH NY 12780**

**MAKE CHECKS PAYABLE TO: *MIDDLETOWN TRACK CLUB***

**QUESTIONS ABOUT PAYMENT: CALL ERIC (845) 820-9414**