



Monroe-Woodbury Modified Track and Field Invitational



Date: Monday, May 5, 2025
Time: 4:00 PM

Please join us Monday, May 5, 2025 at 4:00 for the 15th Annual Monroe-Woodbury Modified Track and Field Invitational. There is **NO ENTRY FEE**.

Order of Events for Invitational:

Track Events: (4 Entrants per school)

55 meter hurdles

200 meter run

1500 meter run

100 meter run

400 meter run

200 meter hurdles

Sprint Medley (100-100-200-400) (1 Team only)

800 meter run

Relay Events: (2 Teams per school)

4X200 meter relay

4X100 meter relay

Field Events: (3 Entrants per school)

Shot Put

Discus

Long Jump

Triple Jump

High Jump

Pole Vault

Seeding: As specified by NYSPHSAA, any 7th or 8th grader who is listed on school track rosters and has met New York State eligibility requirements can compete. Please enter ALL athletes on [Milesplit](#) with correct seed times. Times and marks entered on MileSplit will be used to seed the meet.

Please complete your team's entries on MileSplit by April, 30th to reserve your team's spot.

We hope to see you there.

Brian Collins

M-W Girl's Modified Track Coach

Contact:

Brian Collins (Girl's Head Coach)

Email: bcollins@mw.k12.ny.us

Phone: 845-460-6400

Fax: 845-460-6044

Tim McCarty (Boy's Head Coach)

Email: tmccarty@mw.k12.ny.us