



**Section IX Boy's
Lacrosse
Handbook
2023-2024
“Respect the
Game”**



Contents	
Section IX Directory	2
Section IX Boys Lacrosse Coaches Directory	4
New Information & Reminders	5
2023-2024 Rule Changes	6
Season Reminders	7
Committee Selection	8
Seeding Meeting	9
Current Classification of Schools - see Appendix A	10
Coaches Code of Conduct see Appendix B)	11
Bad Weather Procedures - see Appendix C/D)	12
Heat Index Procedures - see appendix C	12
Weather Delays, Cancellations, Lightning & Thunder Policy	13
Emergency Cancellations & Declared Emergencies	14
Official (s)	15
Player Ejection(s)	16
Championship Procedures	17
Sectional Tournament Play	11
I Team Selection	11
II Seeding	11
III Tie-Breaking Process	12
Sectional Tournament Set-Up	13
Appendix A - Current Classifications of Schools	14
Appendix B - Coaches Code of Conduct	15
Appendix C - Heat Index Procedures	16
Appendix D - Weather Delays, Cancellations, Tornado, Lightning & Thunder	17
Appendix E - Section IX Points System	18
Appendix F - Tournament Seeding & Seeding Log	19
Appendix G - Tournament Dates (Section & State)	20
Appendix H - Official Team Roster	21
Appendix I - School Gate List	22
Appendix J - Bracketology	23
Media Contacts	24
Awards	25
Section IX Bylaws	26

Section IX Athletic Council

Gregory Ransom
Tim Bult
Stephen Boucher
Suzanne Lenzian
Tom Cassata
James Osbourne
Linda Trapani
Roberta Greene
David Coates
Derek Adams
Joseph Morgan
Ray Castellani
Ivan Katz
Brian Monahan
Michael Bellarosa
Jason Closs
Jason Semo
John Giametta
Marco Lanzoni
Greg Warren

Central Committee

Executive Director
President
1st Vice President
2nd Vice President
Past President
Secretary
Treasurer
Central Committee
Central Committee
Central Committee - Principal
Superintendent Representative - Ulster
Superintendent Representative - Dutchess
Superintendent Representative - Sullivan
Superintendent Representative - Orange
LR-OCIAA
LR-OCIAA
LR-OCIAA
LR-OCIAA
LR-OCIAA
LR-OCIAA

Boy's Lacrosse Coordinator
Rich Saulino
914-474-6608
rsaulino@rhcsd.org

Coaches Directory

<p><u>Newburgh Free Academy</u> Name: Jim Horton e-mail address: jhorton@necsd.net Cell phone #: 845-216-2500</p>	<p><u>Middletown</u> Name: Bruce Reitenbach e-mail address: breitenbach27@aol.com Cell phone #: 845-913-5997</p>
<p><u>Monroe-Woodbury</u> Name: Steve Brown e-mail address: sbrown@mw.k12.ny.us Cell phone #: 914-980-6102</p>	<p><u>Kingston</u> Name: Casey Westermann e-mail address: cwestermann@kingstoncityschools.org Cell phone #: 607-349-9055</p>
<p><u>Pine Bush</u> Name: Michael Ciarelli e-mail address: michael.ciarelli@pinebushschools.org Cell phone #: Alternate phone #</p>	<p><u>Warwick Valley</u> Name: Thomas Kelly e-mail address: tkelly@wvcsd.org Cell phone #: 845-519-7116 Alternate phone #: 914-224-8080</p>
<p><u>Valley Central</u> Name: Tom Stoddard e-mail address: thomas.stoddard@vcsdny.org Cell phone #: 845-824-9022 Alternate phone #:</p>	<p><u>Washingtonville</u> Name: Don Clark e-mail address: dclark@wcsdk12.org Cell phone #: (845) 649-3001 Alternate phone #:</p>
<p><u>Minisink Valley</u> Name: Chad Lakeman Jr e-mail address: clakeman@minisink.com Cell phone #: 845-596-9667</p>	<p><u>FD Roosevelt</u> Name: Mike Ciavolino email address: mciavolino24@gmail.com Cell Phone number: 516-388-4627</p>
<p><u>Cornwall</u> Name: Ben Smith e-mail address: bsmith@cornwallschools.com Cell phone #: 845-901-4192</p>	<p><u>Wallkill</u> Name: Jordan Taylor e-mail address: jtaylor1@wallkillcsd.k12.ny.us Cell phone #: 845-430-8957</p>
<p><u>Goshen</u> Name: Jon Salerno e-mail address: jonathan.salerno@gcsny.org Cell phone #: 845-406-1820 Alternate phone #: 845-469-3005</p>	<p><u>Saugerties</u> Name: Matt Swart e-mail address: mswart@saugerties.k12.us Cell phone #: 845 750 5269</p>
<p><u>Red Hook/Rhinebeck/Pine Plains</u> Name: Rich Saulino e-mail address: rsaulino@rhcsd.org Cell phone #: 914-474-6608</p>	<p><u>Highland/Marlboro</u> Name: Thomas Schlappich e-mail address: coachschlappich@gmail.com tschlappich@highland-k12.org Cell phone: 845-325-2168</p>
<p><u>New Paltz</u> Name: Sean McLaughlin e-mail address: seanmclaughlin585@gmail.com Cell phone #: (413) 668-4738 Alternate phone #</p>	<p><u>Our Lady of Lourdes</u> Name: Chris Malet e-mail: cmalet@acsdny.org Cell Phone: 845-235-4322</p>
<p><u>Rondout Valley/Onteora</u> Name: Alex Danon e-mail address: adanon@rondout.k12.ny.us Cell phone #: 914-850-6024</p>	<p><u>James I. O'Neill</u> Name: Joseph Mackey e-mail address: joemackey24@yahoo.com Cell phone #:</p>

New Information/Reminders

1-6-1: ART. 1 . . . Field Players Crosse

The crosse shall be an overall fixed length of either 40 to 42 inches (short crosse) or 52 to 72 inches (long crosse), except for the goalkeeper's crosse, which may be 40 to 72 inches long. The circumference of the crosse handle shall be no more than 3½ inches. The head of the crosse at its widest point shall measure between 6 and 10 inches, inside measurement, at the top and the bottom of the wall (Figure 2). There shall be one crosse 10 to 12 inches, inside measurement at its widest point, at the top and bottom of the wall. This crosse shall be used by the required designated goalkeeper. The walls of any crosse shall not be more than 2 inches high.

1-6-1 (NEW) 2: ART. 2 . . . Goalkeepers Crosse The measurements of the goalkeepers crosse shall be: Length 40-72 inches, head 10-12 inches wide, maximum 16 ½ inches long. Additionally, there are no restrictions on stringing, (other than a hanging length no longer than 2 inches) and no restrictions on pocket depth. Renumber remaining articles

Rationale: This change separates the stick to be used by the goalkeeper from all other sticks used. This proposal simplifies the reading of rule and eliminates confusion of legality of pocket, stringing etc. unique to the goalkeeper.

1-9-1... ART. 1... Mandatory equipment. Each player shall wear the following pieces of equipment which shall be professionally manufactured, and not altered and shall be worn as the manufacturer intended.

1-9-1a... a. A protective helmet, designed for lacrosse, which met the NOCSAE standard at the time of manufacture and has a visible, exterior warning label regarding the risk of injury. Both the chin pad and chin strap shall be firmly attached to the mask as designed. The chin strap shall be worn under the chin and shall be firmly attached at all the helmet's manufactured attachment points, securely enough so that the helmet is unable to be removed without detaching the chin strap from the attachment point(s).

1-9-1c c. Protective gloves designed for lacrosse

1-9-1e e. Arm pads designed for lacrosse (optional for goalkeeper)

4. Numbers may contain contrasting color trim(s) not to exceed 2 inches (the number shall contrast with the body of the jersey) The body of the number shall be a single solid color that clearly contrasts with the body color of the jersey.

Rationale: Clarifies the equipment used

1-9-3... Art. 3 . . .Play shall be suspended immediately if a player loses any of the mandatory equipment in a scrimmage area. Otherwise, the official shall delay the whistle but not drop a flag, in the same manner as set forth in Rule 7-8.

Rationale: This is now addressed in more specific detail in 4-24-7 from a previous rule change

2-2... Each team shall designate a captain, or captains, who shall act as that team's sole representative(s) on the field of play during the game. The captain's privilege does not grant a captain the right to enter into an argument with or criticize any decision of an official. Should the captain leave the field of play, either the captain or the captain's coach shall designate to an official the name and number of the replacing captain. If a team is without a designated captain at any time during the play of the game, an official may designate an acting captain. When a team has co-captains, before the game one of the co-captains shall be designated as the official representative of that team on the field.

Rationale: Cleans up language to match the current practice

2-7-2... ART. 2... The assigned chief bench official also shall be empowered to count crosses when requested and call the following:

2-7-2i... i) Count crosses when requested. Too many long crosses on the field.

Rationale: Counting crosses is included as item 'i' in list of things the CBO is empowered to call so is redundant prior to the list. Also, should not need to be requested for CBO to make this call as none of the other CBO calls are restricted.

2-8-1... ART. 1 . . . In the absence of a chief bench official, the official timekeeper will assume all timing duties. ART. 21 . . . The duties of the official timekeeper shall include:

Rationale: The CBO should not be responsible for timekeeping

3-3... 3 . . . During the final two minutes of regulation play, stalling rules will be in effect for a team that is ahead by four goals or less. Get it in/keep it in procedures will apply (see 431) . The team that is ahead by four goals or less will be warned to "keep it in" once the ball has been brought into the respective goal area.

Rationale: Clarifying language which currently does not include 'get it in' language.

4-3-3i... ART. 3i . . . Upon the whistle starting play, players shall not initiate a body check against their opponent; a body check against a crouched player is an illegal body check.

4-3-3j... ART. 3j . . . A violation will be called if a player picks up and carries the ball on the back of the stick. It is legal to clamp the ball with the back of the stick, but it must be moved, raked or directed immediately within one step. Immediately is defined as within one step.

Rationale: Clarifies what an attempt is during a face-off. Further defines what a player can and cannot do for body checks and when they can start movement.

4-6-3c... c . . . When a loose ball goes out of bounds as a result of a shot or deflected shot at the goal, it shall be awarded to the team that had an inbounds player's body nearest to the ball when it became an out-of-bounds ball, at the point where it was declared out of bounds. If two inbound players of opposite teams are equidistant from the ball when it goes out of bounds, play shall

resume according to the alternate-possession rule. In determining which player is nearest, the ball is considered out of bounds when it crosses the plane of the end line or sideline.

Other rules affected 4-3-2... ART. 2 . . . The face-off is considered to have ended when the ball crosses the defensive area line or it has gone out of bounds in the center-field area. and the officials cannot determine who was responsible. If the officials cannot determine who was responsible for the ball going out of bounds, the ball shall be awarded by alternate possession if it has crossed the defensive area line or refaced if it went out of bounds in the center-field area.

Rationale: Alternate possession should be used sparingly and in situations where there has been an error made by officials or a situation that is out of the official's control (i.e. player injury, inadvertent equipment issues, etc during a loose ball situation). These changes will simplify the rulebook for officials, players, and coaches.

4-9-2... ART 2... A goal shall be disallowed: . . . o. The ball is deflected or batted by the free hand of an offensive player. p. A goal will be allowed if the shot is released prior to the end of the period.

4-9-3... ART. 3 . . . A goal will be allowed if the shot is released prior to the end of the period. If any of the following occur between the end of the period and the shot entering the goal, the goal will be disallowed: . . .

Rationale: More appropriate to incorporate language into ART 3 than ART 2(p)

4-22-1 PENALTY... ART. 1 . . . For all restarts, the game shall resume as quickly as possible . . .
PENALTY: Delay of game Illegal Procedure technical foul

Rationale: Foul is more appropriate as an illegal procedure.

4-24-11 (NEW)... ART. 11. . . If a player has the helmet come off during play, play shall be suspended immediately, and the player shall leave the field until after the next dead ball following the resumption of play.

Rationale: The instances of players wearing their helmets improperly is rising rapidly. With risk minimization a major focal point of the rule book, helmets must be worn appropriately as the manufacturer intended with all straps securely attached.

5-4-2 (NEW)... CHECKS INVOLVING THE HEAD/NECK OR DEFENSELESS PLAYER

ART. 1. . . A player shall not initiate contact to an opponent's head or neck with a crosscheck, or with any part of the body (head, elbow, shoulder, etc). Any follow-through that contacts the head or neck shall also be considered a violation of this rule.

ART. 2 . . . A player who makes indirect contact to an opponent's head and/or neck when the initial force of the contact is to the body of the opponent then slides up to the head and/or neck area.

PENALTY: A one-minute non-releasable foul. An excessively violent violation may result in a longer non-releasable penalty or an ejection.

ART. 4. . . A player shall not initiate a body check legally that slides up into or follows through to an opponent's head or neck.

Renumber remaining articles.

Rationale: The committee is seeing a reluctance to call a two-minute non-releasable penalty for incidental contact to the head/neck area. This change gives officials the ability to assess a penalty that would be more appropriate and encourage officials to make the call when contact occurs.

5-6... A player may not use equipment that does not conform to specifications. The fingers/palms of a player's hands must be completely covered by the player's gloves and the gloves may not be altered in a way that compromises the protective features of the gloves. Use of illegal equipment or failure to properly wear mandatory equipment will be penalized as a non-releasable foul.

EXCEPTION: Mouthpiece violation. (6.5.2x)

Rationale: Specific language on gloves does not belong in a general rule dealing with illegal equipment.

5-10j (NEW)... ART. 10j. . . A team's second violation of Rule 4-18-4: No defensive player, other than the properly equipped goalkeeper, can enter the player's own crease with the perceived intent on blocking a shot or acting as a goalkeeper.

Rationale: This is listed as a releasable Unsportsmanlike Conduct under Rule 4-18-4, but it is not listed under the actual Unsportsmanlike Conduct rule.

6-1-1 PENALTY b... ART. 1b . . . b If the ball is loose If the team fouled does not have possession of the ball (either the ball is loose or the offending team is in possession) and there is no flag down award the ball to the team that was fouled.

Rationale: Adds more accurate detail.

6-6-4 (NEW)... ART. 4. . . First team violation of Rule 4-18-4: No defensive player, other than the properly equipped goalkeeper, can enter the player's own crease with the perceived intent on blocking a shot or acting as a goalkeeper.

Rationale: This is listed as a conduct foul under Rule 4-18-4, but it is not listed under an actual Conduct Foul rule

Season Reminders

1. **All games will be played in accordance of NFHS Boy's Lacrosse Rules**
2. **Home team is responsible for game administration including, but not limited to:**
 1. **Setup of playing field in accordance of NFHS requirements**
 2. **Supply of game balls of the same color**
 3. **Appropriate crowd supervision**
 4. **Scorers table/area in accordance with NFHS requirements INCLUDING an official home score book and an adult responsible for operation of game clock and penalty clock(s)**
 5. **Attendants at the official scorers table are "officials" of the game and must act accordingly**
3. It is against NYSPHSAA rules for boys and girls to practice, scrimmage, or train together
4. If you play a game against a school's "B" varsity team, **the game counts BUT the points do not count towards seeding**
5. A player must have been an eligible participant on a team, in that sport, in that school, for a minimum of six (6) scheduled contests during the regular season to participate in post-season play.
6. **Only games played before the seeding meeting will be used for seeding purposes.**
7. If you are seeking committee selection to the tournament a letter signed by your Athletic Director stating your request must be received **3 days** before the seeding meeting.

Important Dates

Start of Spring Season – Monday March 11, 2024

First Scrimmage date - 17 March 2023

Seeding Meeting – Friday May 19 2023 Location TBD

CURRENT CLASSIFICATION OF SCHOOLS - [See Appendix A](#)

COACHES CODE OF CONDUCT - [See Appendix B](#)

BAD WEATHER PROCEDURE - [See Appendix C/D](#)

Heat Index Procedures - [See Appendix C](#)

Weather Delays, Cancellations, Lightning and Thunder Policy - [See Appendix D](#)

Emergency Cancellation and Declared Emergencies

- Chairpeople and Athletic Director's from both schools shall be involved in the decision to cancel and reschedule games.
- NYSPHSAA guidelines will be followed.

Official(s)

- A. Unprofessional conduct on the part of officials such as, but not limited to, taunting, baiting, use of profanity, shall be reported by a school administrator from the aggrieved school to the Section Executive Director.
 1. A request will be made to the appropriate sport officials' chapter to investigate the incident and to report their action to the Section in a timely manner.

- B. **Player Ejection** - The official who ejected the player(s) or coach shall notify the League Coordinator AND Boy's Lacrosse Coordinator/ Chairperson prior to 12:00 Noon the following day of the name(s) of the player(s) or the coach and the infraction(s).
 1. The League Coordinator shall notify the Athletic Director of the offending school.

CHAMPIONSHIP PROCEDURES

SECTIONAL TOURNAMENT PLAY

- I. Type of Tournament
 - A. The tournament is a single elimination tournament
- II. Team Selection
 - A. Teams are eligible for their Class tournament under the following circumstances:
 1. .500 division record
 2. .500 class record
 3. .500 or better overall record
 4. **Committee selection.** See Appendix E page 21
- III. **Seeding**

Seeding will be according to division games.

Tournament Seeding Selection Tie-Breaker Process

1. Head-to-head competition.
2. Goals allowed head-to-head
3. Total goals allowed within Class

*In the event of a three (or more) way tie, after the #1 seed is decided the remaining tie break goes back to the first criteria which is Head-to-Head competition.

Section IX Point System

[See Appendix E](#)

I. Supervision and Game Control

- A. For rounds 1 and 2, the home team is responsible for field set-up and supervision.
- B. For the championship game all participating schools are required to send the appropriate number of school personnel to supervise the student's action and help identify problems to the committee.
- C. Serious violators of good sportsmanship by the students will lead to their school being reported to the Section 9 Executive Committee.
- D. The following are not permitted at the games. Please inform your students of these restrictions:
 - 1. No Noise makers
 - 2. No Signs
 - 3. No Horns, radios, music boxes, bells, etc.
 - 4. No bands

II. Game Procedures

- A. All games are to be played according to the New York State Public High School Athletic Association guidelines. There will be an on-site Games Committee
- B. There will be a FIFTEEN (15) MINUTE WARM-UP for all sectional, semi-final, final, and regional games
- C. A competent paid timer, scorer, and an announcer will be supplied at the tournament site.
- D. Uniforms
 - 1. Higher seeded teams will wear light uniforms
 - 2. It is suggested, however, that teams bring both uniforms

III. Game Officials

- A. Officials will be assigned by the Section IX Committee in conjunction with the assignor.

I. **Game Suspension**

- A. In the event a game must be suspended because of conditions which make it impossible to play, the game will be picked up at the point of interruption at a date and time to be determined.
- B. Both coaches do have the option of ending the game at the interruption point if they both agree to end the game.

II. **Game Protest**

- A. Any coach lodging a protest will immediately notify one of the game officials that they are playing the game under protest and will adhere to the following procedure:
 - 1. Notify the officials and opposing coach
 - a) Date and time of protest must be noted
 - 2. Immediately after the game, the protesting coach will write a complete statement outlining the reason for the protest.
 - a) The written protest should be turned over to a member of the Protest Committee.
 - b) If no committee member is present, the officials are to accept the protest and notify the Section chairperson immediately.
 - 3. A Section chairperson must be contacted within 3 to 4 hours after the game so the protocol can be discussed.
 - 4. A letter must be written disclosing the protest and must have the following signatures:
 - a) Coach
 - b) Athletic director
 - c) Superintendent of school
- B. The Protest Committee will be composed of three members of the Boys Lacrosse Committee or their designee.
 - 1. No protests based on officials' judgements will be heard by the Protest Committee.
 - 2. The Protest Committee's decision will be final in all instances.

SECTIONAL TOURNAMENT SET-UP

1. **Game Dates** - See [Appendix G](#) for the official list.
 1. These are the dates for Sectional games and Regional games. If there are two times given, the order of these games will be announced. For Regional games this is all the information we have at this time.
2. **Tickets** - Spectators are encouraged to use GO FAN. (digital tickets)
 1. Ticket prices at the entrance gate will be as follows:
 - i. Sectionals
 1. \$6.00 Adults Students/Senior Citizens
 2. No Charge for children under the age of 10
 - ii. Regionals
 1. \$7.00 Adults, Students/Senior Citizens
 2. No Charge for children under the age of 10
 2. Section IX passes will not be honored throughout the tournament. Only NYSPHSAA Passes will be honored.
 - i. Athletic Directors will submit a game gate list not to exceed 15 members.
 - ii. Gate list located in Section VII (State Tournament)
 3. All expenses incurred by the Lacrosse Committee will be underwritten by Section IX.
3. **Awards**
 1. Plaques - A championship plaque will be awarded in each class to the champion.
 2. Medals - Section IX Athletic Medals will be awarded to the participants of the final game in each class.
4. **NYSPHSAA Program**

Any school that feels they have a chance to qualify for the State Tournament should submit a roster and team picture for the program as soon as possible. The tournament committee would rather remove them than not have them included.

Class	School
A (1026 - Up)	Newburgh Free Academy - 2867 Middletown - 2106 Monroe-Woodbury - 1758 Kingston - 1446 Pine Bush - 1209 Valley Central - 1026
B (1025-734)	Warwick Valley - 1010 Washingtonville - 938 Minisink Valley - 876 Franklin D. Roosevelt Hyde Park - 870 Goshen - 798 Cornwall - 743
C (733-431)	Walkkill - 698 Saugerties - 642 Highland/Marlboro - 580 Our Lady of Lourdes - 554 Red Hook/Rhinebeck/Pine Plains - 544 Rondout Valley/Onteora - 516 New Paltz - 473
D (431&down)	James I. O'Neill - 335

APPENDIX B - Coaches Code of Conduct

Section IX Athletics

Greg Ransom, Executive Director

Section IX Coaches Code of Conduct

In order to ensure that the principles of sportsmanship, fair play, skill development, and mutual respect among players, coaches, officials and spectators are the primary considerations governing competition in Section IX, the following Code of Conduct has been established and adopted.

Each coach shall:

1. Know the rules and abide by them. Instruct team members in the rules and coach their team in such a way as to motivate each player to compete according to the rules at all times.
2. Respect the game officials and refrain from questioning their decisions in a disrespectful and abusive manner. No negative comments in the media.
3. Ensure that all facility rules and regulations are followed by the players, coaches, and spectators, respecting at all times the property of others.
4. Assist the game officials in maintaining control of spectators during the games when necessary.
5. Respect the coaches and players of the opposing team and demonstrate appropriate gestures of sportsmanship during the play of the game and at its conclusion. Be humble and generous in victory. Be proud and courteous in defeat. Teach each player, especially through personal example, to be humble and generous in victory and proud and courteous in defeat.
6. Maintain emotional and physical control, avoiding the use of abusive language or profanity, humiliating remarks, gestures of ill temper, and physical assault upon another individual. Coaches should refrain from making comments from the bench during an opponent's free kicks or throw-ins.
7. Instruct team support personnel (e.g. assistant coaches, managers, scorebook keepers, and timekeepers) in their responsibilities in accordance with established rules and procedures.
8. Realize, accept and practice the principle that a team's reputation is built not only on its playing ability, but also on its sportsmanship, courtesy and conduct.

APPENDIX C - Heat Index Procedures

Administration of Heat Index Procedures:

1. Feels like Temperature (Heat Index) or THI using a Wet Bulb indicator on the field will be checked 1 hour before the contest/practice by a certified athletic trainer, athletic director, or school designee when the air temperature is 80 degrees (Fahrenheit) or higher.
2. Download the WeatherBug app to your phone or log into www.weatherbug.com. Schools may also use a Wet Bulb indicator on the field that will be used.
3. Enter zip code or city and state in the location section of the app or on-line or determine the THI by using a Wet Bulb indicator.
4. If the Feels Like temperature (heat index) or the Wet Bulb indicator is 90 degrees or above, the athletic trainer, athletic director, or school designee must re-check the Feels Like temperature (heat index) or Wet Bulb indicator at halftime or midway point of the contest. If the Feels Like temperature (heat index) or Wet Bulb indicator is 96 degrees (Fahrenheit) or more, the contest will be suspended.

Please refer to the following chart to take the appropriate actions:

	Feels Like Temp/Heat Index) or Wet Bulb indicator under 79 degrees	Full activity. No restrictions
R E C O M M E N D E D	Heat Index Caution: Feels Like Temp (Heat Index) or Wet Bulb indicator 80 degrees to 85 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider reducing the amount of time for the practice session.
	Heat Index Watch: Feels Like Temp (Heat Index) or Wet Bulb indicator 86 degrees to 90 degrees	Provide ample water and multiple water breaks. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time).
	Heat Index Warning: Feels Like Temp (Heat Index) or Wet Bulb Indicator 91 degrees to 95 degrees	Provide ample water and water breaks every 15 minutes. Monitor athletes for heat illness. Consider postponing practice to a time when Feels Like temp is much lower. Consider reducing the amount of time for the practice session. 1 hour of recovery time for every hour of practice (ex. 2hr practice = 2hr recovery time). Light weight and loose fitting clothes should be worn. For Practices only Football Helmets should be worn. No other protective equipment should be worn.
REQUIRED	Heat Index Alert: Feels Like Temp (Heat Index) or Wet Bulb indicator 96 degrees or greater	No outside activity, practice or contest, should be held. Inside activity should only be held if air conditioned.

Approved May 1, 2010
Updated July 27, 2016

APPENDIX D - Weather Delays, Cancellations, Tornado, Lightning and Thunder Policy

Procedures for Weather delays or cancellations of Section IX contests

1. In sectional competition between two individual schools, e.g. baseball, basketball, etc., the respective superintendents of the competing schools will determine if weather conditions are safe enough for travel and competition. The Sports Chair for the contest in questions will advise the respective athletic directors of the playing venue conditions.
2. In sectional competition involving multiple schools, the respective Sports Chair will advise the Executive Director or Designee of any adverse conditions. The Executive Director or Designee will consult with the participating schools then decide whether to hold or cancel the competition.
3. All sectional scheduling will include a make-up date, published in advance, to be used if necessary.
4. In the unlikely event that no sectional play is possible to determine a Section IX representative for state competition, the Executive Director or Designee in consultation with the representative Sports Chair will determine the sectional representative. Under ordinary circumstances, this will be the highest seed. If, due to unforeseen circumstances, the highest seed is not chosen, the selection of the sectional representative by the Executive Director or Designee is final and binding.

Tornado Policy:

1. **Tornado Watch** indicates tornadoes are possible. Event staff must continue to monitor the situation.
2. **Tornado Warning** tornado siren sounds signaling tornado sighted or tornado indicated by radar.

Guidelines and Procedures:

1. If a tornado warning is initiated, immediate event delay shall be implemented, and all participants, spectators, and athletic staff shall seek shelter immediately. Once inside a secure location, tune to local weather alert radio to be informed of the storm location, path, and duration of tornado warning.
 - a. Warning may be extended or a new warning issued at any time, so continue to monitor.
2. Safe shelter from tornadoes inside the lowest building level, away from exterior walls / windows, with windows closed.
3. All clear - tornado warning will expire after duration specified by the National Weather Service and the site director will notify all involved that the warning has ended, and the event may resume.

Section IX Lightning and Thunder Policy

1. **Purpose/Philosophy**
 - a. The purpose of a lightning and thunder policy is to provide a safeguard for athletic contests, events and practices.
2. **Policy**
 - a. The occurrence of lightning and thunder is NOT subject to interpretation nor debate. Lightning and thunder necessitates that contests, events or practices be immediately suspended.
 - b. At the January 31, 2024 NYSPHSAA Executive Committee meeting “My Lightning Tracker App” was approved to be used by school districts.
3. **Procedures**
 - a. Chain of Command
 - i. The Chain of command
 1. Superintendent of School
 2. Principal/Building Administrator
 3. Sport chairs or their designees
 4. Athletic Coordinator
 5. Host site athletic directors of their designees
 6. Officials
 7. Sponsoring Coach
 8. Security Personnel
 - b. Sequential Response will include:

- i. Suspend play and direct participants to shelter in a public building or if building is unavailable, to a vehicle with a solid top.
 - ii. Monitor weather scanners/stations
 - iii. After lightning and thunder has passed, wait for a full 30 minutes after the last lightning strike and/or sound of thunder before resuming play.
 - iv. Event suspension of evacuation procedures to be outlined during pre-event announcements.
- c. Host school responsibilities will include:
 - i. To make a pre-event announcement that notes rules, regulations and evacuation procedures.
 - ii. Announcement to be read: “All spectators, competitors, and personnel should go inside the school building as quickly as possible. A vehicle with a metal roof and the windows rolled up is a safe alternative to a sturdy building. DO NOT take shelter under trees or other lone objects. DO NOT remain on, under, or near metal bleachers, fences, or backstops.”
 - iii. Authority to execute the sequential response shall be governed by the chain of command.
 - iv. Consideration to cancel or resume play must take into account a minimum 30 minute wait from the time of interruption. The rules of the sport will determine whether the contest is official or if the contest must resume at a later date.
 - v. To plan for the occurrence of bad weather.
- d. Communication of Lightning and Thunder Policy
 - i. Section workshops
 - ii. League meetings
 - iii. Preseason coaches meeting
 - iv. Section IX heat clinics
 - v. Health Science and First Aid Update classes
 - vi. Published plan sent to superintendents, principals, etc.
- e. Evaluations
 - i. Yearly

Appendix E - Seeding Procedure

This Qualifying and Seeding criteria is for the following sports: Boys and Girls Soccer, Field Hockey, Girls Volleyball, Boys and Girls Basketball, Baseball, Softball, Boys and Girls Lacrosse.

Qualifying Standards

To qualify a team must achieve one of the standards listed below:

1. 500 winning percentage in division
2. 500 winning percentage in class
3. 500 winning percentage Overall
4. Committee Selection

There will be a Section appointed committee that will handle all requests from schools who do not qualify for entry into the tournament by one of the first three standards listed above. It would be made up of equal reps from both leagues. It would be selected from league Presidents, Section IX Officers, and League Coordinators. The school must apply to the committee 24 hours prior to the stated sport seeding meeting date. The decision of this Committee will be how a school can gain entry via Committee Selection and its decision could be appealed by the school to the Executive Director.

Seeding Criteria

1. Point Cards will be submitted on line based on a deadline set by each sports committee
2. Seeding is based on either your division points/# of division games or your overall points/ # of overall games played
3. The highest index of the two must be used.
4. Any division in either league with less than four teams when the division games begin will only use their overall index.
5. Points will be earned for a win based on the chart below and a tie game the teams will split in half the points from the number of points they would have earned if they had won the game.
6. There are no negative points.
7. The tie breaker for seeding is:
 - a. Head-to-head
 - b. Class points/# of class games played.
 - c. Overall points/# of overall games played.
 - d. Coin toss
 - e. In three 3 way or greater ties, after one team breaks the tie, the remaining teams go back to the first criteria and continue until that tie is broken and so on until all ties have been resolved.
8. For purposes of what constitutes a division game the definition is as follows: Division games are the teams in your division as assigned by the MHAL or OCIAA. If you play each team twice in your division and choose to play that team a third time only the games assigned by your league count as division games

<u>AAA WIN AGAINST</u>		<u>Tie</u>
AAA	6	3
AA	5	2.5
A	4	2
B	3	1.5
C	2	1
D	1	.5
<u>AA WIN AGAINST</u>		
AAA	7	3.5
AA	6	3
A	5	2.5
B	4	2
C	3	1.5
D	2	1
<u>A WIN AGAINST</u>		
AAA	8	4
AA	7	3.5
A	6	3
B	5	2.5
C	4	2
D	3	1.5
<u>B WIN AGAINST</u>		
AAA	9	4.5
AA	8	4
A	7	3.5
B	6	3
C	5	2.5
D	4	2
<u>C WIN AGAINST</u>		
AAA	10	5
AA	9	4.5
A	8	4
B	7	3.5
C	6	3
D	5	2.5
<u>D WIN AGAINST</u>		
AAA	11	5.5
AA	10	5
A	9	4.5
B	8	4
C	7	3.5
D	6	3

APPENDIX F - Tournament Seeding & Season Log

Coaches on line point card directions - <https://docs.google.com/spreadsheets/d/1IB0s0rIVzJjoG8747rLR7yyqZ7uzheyMbFdmvGny5n8/copy>

a. Online point cards must be complete by 10 AM Friday May 17 or sooner.

1. IF YOUR SEASON IS OVER BEFORE THE 17TH.

PLEASE SEND YOUR POINT CARD IN EARLY!!!!!!!

A suggestion: fill your online point card following each game.

APPENDIX G - Tournament Game Dates (Section & State)

Boys Lacrosse 2024 Section IX Tournament

Seeding Meeting –TBD Friday May 17 2024

Quarter-Finals (at higher seed)

Class A & C Saturday 18 May 2024

Class B & D Monday 20 May 2024

Semi-Finals (at higher seed)

Class A & C Wednesday 22 May 2024

Class B & D Thursday 23 May 2024

Section IX Finals (Middletown High School) Saturday May 25, 2024		
information		
5/25	Class C	10:00 am
5/25	Class D	12:30 pm
5/25	Class A	3:00 pm
5/25	Class B	5:30 pm

NYSPHSAA Sub Regional Bracket Games Section 8 @ Section 11

Out bracket Wednesday May 25, 2024

Section 8 @ 11 Class (“A” and Class “C”) Longwood HS

Section 11 @ 8 Class (“D” and Class “B”) Hofstra U.

Section 11 @ 8 would be at Hofstra U 5:30/7PM

NYSPHSAA East Regional Final Sect 8/11 @ Section 9 Saturday June 1, 2024 Middletown HS

Class A 12:30 pm

Class B 3:00 pm

Class C 5:30 pm

Class D 10:00 am

NYSPHSAA East Championship Wednesday June 5, 2024

Sect 1/2 @ Section 11/8/9

Class D 3:00 pm @ University at Albany - White Field

Class A 4:00 pm @ University at Albany - Ford Field

Class B 5:30 pm @ University @ Albany - White Field

Class C 6:30 pm @ University @ Albany - Fallon Field

NYSPHSAA State Championship @ Hofstra University

Saturday June 8, 2024

Class A 10:00 am

Class C 3:00 pm

Class B 12:30 pm

Class D 5:30 pm

APPENDIX I - School Gate Lists



**SECTION IX
TOURNAMENT**

VISITING SCHOOL – GATE LIST/SUPERVISION LIST

Boys / Girls **Sport:** _____ **Year:** _____

- A. Each school is permitted 20 people only.
- B. Please indicate which 20 people are chaperones.
- C. If more than 20 people are needed on your list the school district will be billed accordingly.
- D. Please list one person per line.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

Fax to: _____

Signature of Athletic Director

School



Section IX Athletics

Gregory Ransom, Executive Director

Regional Gate List

School: _____
 Superintendent: _____
 Principal: _____
 Athletic Director: _____
 Sport: _____

Gate List

(List reserved for supervisors, chaperones, and school personnel)
 All names listed must show Photo ID at the gate

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

***Completed forms should be sent to the Sport Chair and/or host site.

Section IX Athletics | PO Box 656 | Goshen, NY 10924 | Phone: (914) 805-6302 | Fax: (845) 291-7306

Web site: <http://www.section9sports.org>

NYSPHSAA Championship School Gate List

School:

Championship Event:

Date:

Site:

Please write down the number of players and bench personnel your school will be bringing to the Championship event. Please note that each sport has a maximum number of players and bench personnel allotted for each school. If your school chooses to bring more than the maximum number allowed, NYSPHSAA will bill the school for the difference. We will use these numbers to prepare the proper credentials and awards for your school.

of Players:

of Bench Personnel:

Note: This list below is designed for school administration and appropriate school personnel. The list is limited to a maximum of 8 individuals and is exclusive of the team players and bench personnel. If your school wishes to have more than 8, the NYSPHSAA will bill the school for the additional individuals. Team photographers can be listed on the Gate List but they will NOT have access to the field. They are allowed in the same areas as spectators. This list should be faxed to the NYSPHSAA office (518-690-0075) or email (tnelson@nysphsaa.org) two days prior to the championship event. Please type or print names and titles.

	<u>Name</u>	<u>Title</u>
1		
2		
3		
4		
5		
6		
7		
8		

STATE TOURNAMENT OFFICIAL TEAM ROSTER

SCHOOL _____ SECTION _____

COLORS _____

COACH _____

SCHOOL PHONE NUMBER ___ - ___ - _____

COACH'S HOME PHONE NUMBER ___ - ___ - _____

ATHLETIC DIRECTOR _____



ONLY THOSE PEOPLE ON THIS LIST ARE ALLOWED IN THE TEAM AREA.
LIST PLAYERS NUMERICALLY

HOME AWAY CLASS NAME

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



TEAM BENCH PERSONNEL

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

The NYSPHSAA allows 25 eligible athletes in uniform on the team roster.
The NYSPHSAA allows 7 bench personnel on the team roster. This includes coaches, ADs, ball chasers, managers, and statisticians associated with the team.

10 copies of this roster must be submitted to the State Assistant Boys' Soccer Coordinator at the coach's check-in, prior to the state tournament finals.

Athletic Director or Principal (signature):
NYSPHSAA Staff Approval:

Date:
Date:

APPENDIX J - Bracketology



NYSPHSAA Tournament Brackets

https://nysphsaa.org/sports/2022/3/31/BLAX_0331221853.aspx



Boys Lacrosse Championships

This is a digital-ticketed event. Cash sales will not be available on site. Kids 5 and under are free.

NYSPPHSAA Boys Lacrosse Championships		
East Semifinals - UAlbany		
Wednesday, June 5		
3:00 PM	Class C	John Fallon Field
4:00 PM	Class D	Bob Ford Field
5:30 PM	Class A	John Fallon Field
6:30 PM	Class B	Bob Ford Field
West Semifinals - Cortland Area		
Wednesday, June 5		
3:00 PM	Class C	Homer High School
4:00 PM	Class D	Tompkins Cortland CC
5:30 PM	Class A	Homer High School
6:30 PM	Class B	Tompkins Cortland CC
Finals - Hofstra University		
Saturday, June 8		
10:00 AM	Class A	
12:30 PM	Class B	
3:00 PM	Class C	
5:30 PM	Class D	

The NFHS Network is the official streaming partner of the NYSPPHSAA Championships and exclusive rights holder for all NYSPPHSAA Sub-regionals, Regionals, Semifinals, and Finals.

Broadcasting or streaming a NYSPPHSAA event, including through social media, is a violation of the media rights agreement and is strictly prohibited. Failure to comply with this policy is grounds for removal from the event.

MEDIA CONTACTS

The Daily Freeman
sports@freemanonline.com

331-5000

Fax: 331-3557

The Middletown Record 800-295-2181 x3191 Fax: 342-6024 sports@th-record.com

The Poughkeepsie Journal 800-933-7267
pjsports@poughkeepsiejournal.com

Fax: 437-4921

NOTE: Home team coach is responsible to call the media listed above ASAP following the completion of the game. Be sure to instruct scorekeepers to record the first and last names of all players in the book.

NOTE: IMPORTANT NYSPHSAA REQUIREMENTS

2024 Section Champions are responsible for submission of a Varsity Team Photo and Roster to the NYSPHSAA for the State Program Booklet.

NYSPHSAA will be collecting team pictures and rosters from MaxPreps.com

You will need to log on to Max Preps and upload your roster and team picture.

All Athletic Directors in the state were given an access code – see your AD to get the code if you don't already have a Max Preps team site.

All rosters and team pictures MUST be on your Max Preps team page by: May 13, 2022

NYSPHSAA Scholar Athlete Team Award

This is a very special and meaningful honor given by the state each year. Be sure to see your athletics director and remind him/her that you want to have your team included in the process. Deadline for submission of your list this year is **May 20, 2023**. A minimum of 11 athletes from your team must comprise the list. The overall average for the players must be 90 or above to qualify.

USA Lacrosse Awards

The selection process for these awards will take place at the seeding meeting following the completion of play-off seeding and All-League selections. Only coaches who are members of US Lacrosse may take part in the nomination, discussion and selection process (per US Lacrosse regulations). The awards are as follows: All Americans (4), Academic All Americans (2), Coach of the Year, Assistant Coach of the Year, Man of the Year and the Bob Scott Award.

Once again all nominations will be done through an online process – more information will be emailed to you regarding the process.

Nominations for the Academic All American and Bob Scott Awards MUST include a school transcript, along with a written biographical sketch of the student-athlete listing awards, activities, memberships, etc... Coaches are encouraged to bring copies of the required information to share.

Note: Rich Saulino is our US Lacrosse Regional Representative, with assistance from Alex Danon & Ben Smith

NOTE: **2023 - 2024 Updated BEDS Form can be found at: ociaa.ouboces.org website**

**HIGH SCHOOL SPORTS STANDARDS CHART FOR INTERSCHOOL COMPETITION
NYSPHSAA Handbook Pg. 110**

SPORT	Number Practices Prior to First Scrimmage		Number Practices Prior to First Contest		Team and Individual Maximum No. Contests	Min. Time Between Contests or Scrimmages	Individual Contest Limitations Per Day	RULES	Scrimmage Limitations Per
	TEAM	IND.	TEAM	IND.					
Lacrosse	8	6	10	8	16	1 Night	1 Contest	NFHS – Boys	1

NYSPHSAA Lacrosse Scrimmage Definition.

LACROSSE: A lacrosse scrimmage must have modified time periods and include one or more of the following:

1. Alternate possessions.
2. Start the scrimmage with either a Draw (girls) or a Face-Off (boys)
3. Include the following game situations:
 1. Face-Off/Draws - Boys/Girls
 2. Clears and Rides - Boys/Girls
 3. Extra Man and Man-Down – Boys/Girls
 4. Fast Breaks - Boys/Girls